



# Keep Well Collaborative

Keeping people safe and well at home

**“What is a home?”**

**Visions of the Future  
1 November 2018**

What is a home?  
What does home mean to you?





# Housing = key determinant of health

*“Housing is more than just a roof over your head. Having a home is essential to living a full life.*

*We all need somewhere that is safe, secure and stable if we are to focus on our families, our jobs, our health.*

*A home is central to our connection to our community and networks; it contributes to a sense of self-confidence and self-worth, and our place in the world.”*

Source: Mind: “Brick by brick - A review of mental health and housing” (2017)



# Housing = key determinant of health

- ✓ YES - good, safe, secure, 'linked' housing = good health outcomes:
- Chartered Institute of Environmental Health (CIEH), World Health Organisation (WHO), Public Health England, Marmot, Mind, Kings Fund, Shelter +++
  - 'Health begins at home' (Family Mosaic) – reduced bed days / missed appointments
  - One Housing – Tile House – reduced admissions, stays and speeded up discharges - saved the NHS £443,964 per year (Crocker 2014)
  - Step down service (Curo) - £400k savings
  - Wellbeing service (WHG) - £4 saved for every £1 spent
  - Adaptations/repairs (Sandwell & Dudley) – reduced care costs
  - Care & repairs (Alliance Homes) - £343k saved in bed days
  - Extra care (Housing & Care 21) - £54k saved in bed days
  - University of Birmingham - £10bn investment repaid in 7 years

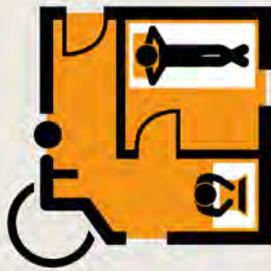


# Housing = key determinant of health

A healthy home is:



Affordable and offers a stable and secure base



Able to provide for all the household's needs



A place where we feel safe and comfortable



Connected to community, work and services

Investing in housing support for vulnerable people helps keep them healthy. Every £1 invested delivers nearly £2 of benefit through costs avoided to public services including care, health and crime costs

**£2** BENEFIT FOR EVERY £1 INVESTED



# Housing providers = part of the solution

- **People in housing are you & your people ... they are:**
  - ✓ Tenants = Patients = Citizens = Peers = Colleagues = Service Users = High Intensity Users = Customers = ...
- **Housing staff often work with people before they are known to statutory services, just about managing ...**
  - Welfare Reform inc Universal credit, bedroom tax, benefits cap
  - Debt support
  - Neighbourhoods / community development
  - Training & employment
  - Quality / suitability of housing
  - Relationship breakdown
  - Hoarding...





# Homelessness Reduction Act 2017

## Key changes: Duty to Refer

- There is a **requirement for specified public bodies to notify** a local housing authority if they identify any person whom they believe is homeless or threatened with homelessness inc social services; emergency departments; urgent treatment centres & hospitals providing inpatient care.
- The **referral can only be made if the person agrees** for the referral to be made, and identifies a local housing authority in England where they would like the referral to be sent.
- The Act **aims to ensure that a person's housing situation is considered whenever they come into contact with any wider public service.**
- The Act **encourages local authorities to build on or develop relationships, protocols or joint working arrangements** with partners in order to best meet local need and provide prevention services to residents.



# Using housing as a lens to wellbeing...

- ✓ Ask **people**:
  - Where they live / who is their landlord
  - Is their housing at risk / causing them concern?
  - Do they know how to receive support with housing issues?
  
- ✓ Ask housing **providers**:
  - What tenancy services they provide
  - How they can input into care / recovery / discharge plans
  - To consider new types of housing/services e.g. step up/ step down; emergency, in-area placements, mental health training, peer support networks.
  
- ✓ Ask **local authorities** how you can help:
  - Homelessness prevention
  - Implementing the 'Duty to Refer'

