

Quality of Life Metric UHS Newsletter

WELCOME!



Prof Alison Richardson
Project Lead

This is the second Quality of Life Metric newsletter that aims to update you with the progress of the NHS England project here at Southampton General Hospital. The pilot project offers us an exciting opportunity to invite colorectal and prostate cancer patients to complete a questionnaire to learn more about their health and wellbeing at the end of their cancer treatment. This data will then be fed into a national metric to help improve cancer care.

Over the last year fantastic progress has been made with many of the invited patients keen to be involved in the project. This is reflected in our excellent recruitment rates. We would like to take this opportunity to thank everyone who has been involved in the project so far. We appreciate all the hard work that you are putting in and look forward to continuing to work with you over the coming months.



Alison Keen
Project Lead

Paper Questionnaire Launch

We are pleased to announce we are now distributing paper questionnaires to patients after they have finished their cancer treatment. This is fantastic news as it means all patients will now have the opportunity to complete the questionnaire regardless of their access to My Medical Record. Paper questionnaires are posted to eligible patients and we have had a great return rate to date.

We continue to invite patients to complete electronic questionnaires through the My Medical Record IT platform but now also have the option of sending out a paper questionnaire if this is preferred.

**Quality of
life after cancer
treatment
questionnaire**



Recruitment Update

**Total IT
Recruitment
So Far:**

Invited= 222
Completed= 132
Declined= 7
**Questionnaire completion
rate= 59%**

**Colorectal
Recruitment
So Far:**

Invited= 167
Completed= 95
Declined= 7
**Questionnaire completion
rate= 57%**

**Total Paper
Recruitment
So Far:**

Invited= 157
Completed= 90
Declined= 5
**Questionnaire completion
rate= 57%**

**Prostate
Recruitment
So Far:**

Invited= 212
Completed= 127
Declined= 5
**Questionnaire completion
rate= 60%**



Eligible Patients

Sally, our Metric Support Worker, has been busy identifying eligible patients who meet the following criteria:

- Finished their cancer treatment in the last two years for colorectal or prostate cancer (other sites are also including breast cancer patients);
- Treated with curative intent (patients with metastatic disease are excluded);

- Patients on monitoring pathways for prostate cancer (active surveillance, watchful waiting) are not eligible;
- Patients receiving hormone therapy are eligible only if they have received other treatment with curative intent.

Patients will be grouped into one of three groups depending on how long ago they finished cancer treatment:

1. At the end of treatment (0-11 months post treatment);
2. 12 months post end of treatment (11-13 months inclusive);
3. 13-24 months post end of treatment.

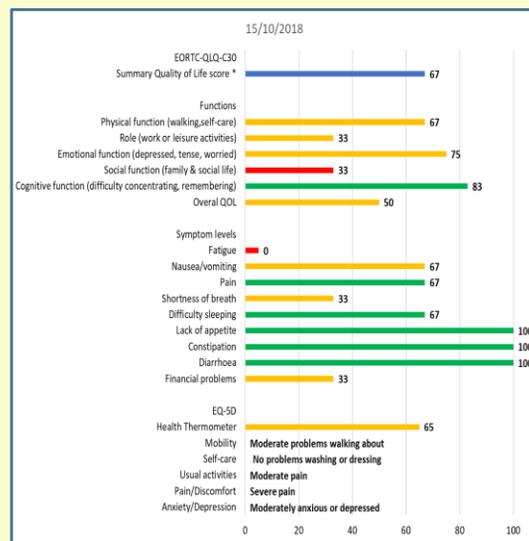
Please continue to mention the project to patients approaching end of treatment or who have completed their treatment and ask them to look out for an invite. Please let us know if you would like a poster to promote the metric that can be displayed in waiting rooms.

Patient Reports

Southampton is one of two pilot sites chosen to test new patient graphical reports. These reports will be automatically generated on My Medical Record on completion of a questionnaire. The aim of the reports is to highlight to patients and clinicians areas where quality of life can be improved and act as a prompt in consultations.

A pre-test phase has already been carried out in Southampton with 11 colorectal patients providing feedback on three different paper display options. This feedback has shaped the development of the IT platform and we hope to begin interviews with patients and clinicians in the New Year to get a better understanding of their views on the display.

Please look out for your invite! It would be great to get feedback from as many people as possible.



Meet the Metric Team



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Support worker



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